



INSTRUCTIONS FOR WEARING HEADGEAR

Purpose: Headgear is a device used to move teeth in a specific direction which is difficult to achieve through other means.

Wearing Time: Headgear is meant to be worn a minimum of 12 hours per day. More wear is good, but less wear will not provide the necessary results.

Safety: Safety is necessary when using this device. When in place, do not have anyone grab or pull on the front bow as it could damage your teeth, break the braces, or spring back into your face. (Spring-back should not occur since we provide safety headgear, but it is always wise to be safe.)

Sensitivity: Expect that some soreness may persist for 24-48 hours after the placement of the headgear.

Breakage: Please let us know if you have any questions, or if breakage of the braces or headgear occurs.

Appointments: Remember that the headgear should be brought in for every appointment.

Thank you for your cooperation!

Dr. Gary Cartwright and Staff